

Information will also be available on a range of services, support groups and leisure opportunities for children and young people with additional needs and their families.

**Tim Simpson, Project Co-ordinator for the IRIS magazine, will be available to answer specific questions and provide additional information.**

And finally...

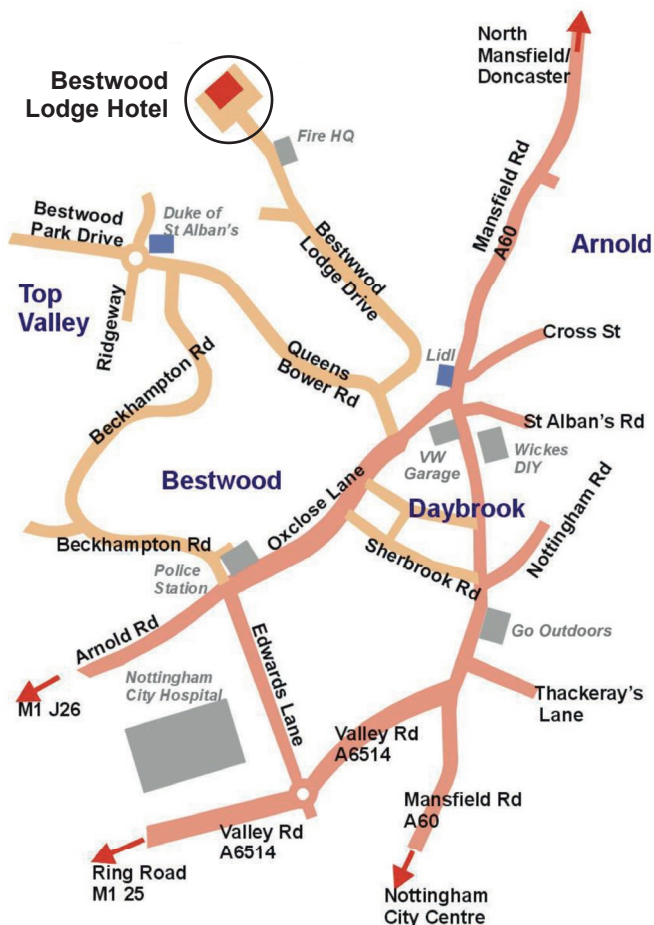
At the end of the day there will be an opportunity to gather information, speak to workshop providers and ask any outstanding questions you may have.

### Childcare Costs

You may claim additional childcare costs incurred as a result of attending the conference. A receipt from a registered provider will be required for audit purposes. **(Maximum of £40.00 per family).** Please indicate if you wish to claim.

**YES / NO**

### Location map



Bestwood Lodge Hotel  
Bestwood Country Park  
Arnold, Nottingham NG5 8NE

For parents / carers who are resident in Nottinghamshire or whose child attends a Nottinghamshire school

A free conference for parents and carers of children and young people up to the age of 19 with additional needs



**Wednesday 16 May 2018**  
9am – 3pm  
at Bestwood Lodge Hotel

Presented by  
**Schools and Families  
Specialist Services**

## Keynote Speaker: Stacey Murray Transform Training

Our guest presenters this year are the young people from Transform Training's Breakaway Performance Group. Using a combination of keynote presentation and an interactive drama session based on the civil war, the Workshop based group for young people with learning disabilities, will explain their amazing journey so far, as well as their exciting plans for the future.



### Programme for the Day

- 9:00** Registration & Refreshments
- 9:30** Welcome and Introduction
- 9:35** Keynote Speaker
- 10:20** (Coffee in rooms)
- 10:30** Workshop 1
- 12:00** Lunch
- 1:00** Workshop 2
- 2:30** Providers & Professionals available for questions
- 3:00** Close

For further information please contact:  
Jane Chamberlain or Cath Page  
on (0115) 854 6464.

## Workshop Details:

### Adjusting to Change and Building Resilience

*Resilient people are better able to adjust to life changes and bounce back from difficult times. This workshop will give parents an introduction to resilience and practical strategies on how to support and build children's resilience.*

Workshop Provider: Dr Órlaith Donnelly,  
Senior Educational Psychologist

### Sensory Sensitivities

*How might your child be affected by their senses and what strategies may help?*

Workshop Providers: Linda Jones,  
Specialist Teacher in Autism and Sensory Sensitivities

### Empowerment

*Developing confidence; getting your voice heard.*

Workshop Provider: Julie Rastall  
and Claire Bosanquet, Parents

### Growing and Changing

*An opportunity to explore issues and questions around 'growing up' for children with SEND as they approach or enter puberty.*

Workshop Provider: Jane Keeling,  
Author of 'Growing and Learning'

### Sleep Workshop

*Sleep Support Workshop – An information event to help promote better sleep patterns in children.*

Workshop Providers: Vicki Dawson,  
Sleep Charity

## Booking Form

Name .....

Address .....

Postcode .....

Telephone .....

Email (Please print clearly)

.....  
This will only be used to send you details regarding the conference – confirmation of attendance etc.

### Workshop Choice

You will be able to attend **two** workshops. Please number **in order of preference** from 1 (first choice) down to 5.

Adjusting to Change

Sensory Sensitivities

Empowerment

Growing and Changing

Sleep Workshop


We will try to match your 1st & 2nd choice but please give us other options too.

Please state any special requirements you may have (e.g. dietary, BSL interpreter etc.)

### Please return this form to:

Jane Chamberlain, SFSS,  
Home Brewery Building, Sir John Robinson Way,  
Arnold, Nottingham NG5 6DA.  
Telephone: 0115 854 6464

**To avoid disappointment please book by  
Friday 20 April 2018**